

# Discussion based on reflection cycle

In advance: decide who will be discussionleader

	Item	Time	Moderator	Student whose incident is discussed	Fellow students
1	Choose whose incident will be discussed	5	Monitor time Criteria for choice: - urgency - significance for whole group - it is the student's turn		Vertel in 1 zin je incident (problematisch ervaren praktijkgeval). NB als je niks hebt: ga niet veel tijd besteden aan zoeken ernaar
Phase 2: looking back on action					
2	Describe problem situation	2	Monitor time	Describe incident, don't mention how you solved it.	
3	Write down questions relating to incident	2	Make sure no discussion takes place (silent round!)	Wait!	Write down 1 or 2 clarifying questions → Open questions, don't interpret or judge, show empathy
4	information	7	Monitor time, no discussion, make sure all questions are answered	Answer questions	Each student asks at least 1 question
Phase 3: awareness of essential aspects					
5 <sup>a</sup>	Analysis: qualities	2	Monitor time	Listen	Each student mentions at least one recognizable quality (Onion model)
5 <sup>b</sup>	Analysis: essence	7	Monitor time	listen	Discuss what core of problem is Discover discrepancies. Why is it a problem to this student? Essential aspects? etc
6	Formulate essential aspects	2	Monitor time	Formulates essential aspects	Listen
Phase 4: creating alternative methods of action					
7	Think of solutions	2	Monitor time	Formulate solution chosen at the time	Formulate at least one possible solution
8	Share solutions	7	Monitor time and process. Solutions are shared, not discussed	Listen and write	Give solutions
9	Choose solution	5	Monitor time and process	Reveal what was done at the time and what solution appeals to you most and why	Listen
Phase 5: Decontextualize/generalize					
10	Decontextualize/generalize	8	Monitor time and process	Discuss what others can Learn from this incident and the discussion.	

## **Reflective report**

**The student who brought up the incident makes notes during its discussion. These notes and the ensuing impressions, pieces of advice and possible insights and feelings are summarized in the report.**

**The following aspects can be part of this report.**

- What have you learnt from the discussion?
- What have you done with the suggestions you have been given?
- How did you feel during this session?
- How have you experienced the advice you were given?
- Have you missed anything?
- ....

The other students can also reflect on this discussion. What have you learnt from it? What will you do with these insights?